

Our Lady of Good Counsel
Religious Education Ministry
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April 13, 2010

Dear Parents,

The *True Love Waits Program* is being offered for seventh grade students at Our Lady of Good Counsel. The Religious Education sessions have been moved to Sunday evenings, in conjunction with the Youth Group meetings. Trained teens will act as table facilitators, and guest speakers, with diocesan certification, will also be involved.

Student Sessions:

Sunday evenings, 7:00 P.M.– 9:00 P.M.: May 2 and 16, 2010 in the School Building.

Closing ritual: (with parents) Sunday, May 16, 8:30 P.M., Crypt Chapel

During this time, teens will receive a comprehensive view of teenage sexuality, highlighting responsibility and physical risks which include the psychological and emotional consequences of engaging in premarital sexual activity. The presenters will include: Dr. Linda Dix, D.Min., DRE, Mrs. Susan Dowiak, Youth Minister, Dr. John Bertagnolli, Dr. Sondra De Antonio, and Mrs. Lisa Welsh, BSN, RN. There is a closing ritual and pledge ceremony, to which the parents are invited.

The following topics will be covered:

<u>Life Goals</u>	What theirs might be – ‘Dream Busters’ – actions / consequences
<u>Family</u>	Students list attributes of a good family
<u>STDs</u>	What they look like and feel like, how your life changes with an STD Will a condom protect you from an STD?
<u>AIDS</u>	Who needs to worry and who doesn’t? AIDS – A consequence of an action? Failure rate of a condom for pregnancy / AIDS / disease
<u>Pregnancy</u>	Teen Parenting / Adoption / The truth about abortion
<u>Pornography</u>	Addictive, Progressive, and Deadly – Dr. James Dobson’s Video
<u>Touch Scale</u>	What are your personal limits? Are you at risk?
<u>Emotions</u>	Protecting your heart. Is it Love or Lust?
<u>Being Assertive</u>	Who’s got control? Skills and techniques to help resist the pressure

We look forward to offering this important program at Our Lady’s Parish for the benefit of our students. Your cooperation and support are integral to the life issues which challenge our young teens and the appropriate decisions they will make in life when faced with these situations. **Registration is required. Please return the enclosed permission slip to our office by April 27th.**

Yours in Christ,

Dr. Linda M. Dix, D.Min.
Director of Religious Education