

My Confirmation Name – Sharing the Story of Your Saint

The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one God, his name was changed from Abram to Abraham, “*Father of many nations*”. In the New Testament, we find Simon’s name changed to Peter, meaning “*rock*”, because he was to become the rock upon which Jesus founded his Church.

Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in faith.

Diocese of Trenton Guidelines

- The candidate may retain their baptismal name or choose a new name.
- If a new name is taken, it should be the name of a recognized saint of the Church.
- A name may not be given which is foreign to Christian sentiment.
- A newly chosen name does not have to be gender consistent.

(Diocese of Trenton: Parish Religious Education Administration Manual: 507, A-C: November 2012)



Saint Research of my Confirmation Name

1. The name I chose for Confirmation is: _____
(Example: Frances) First name of saint – as you will be anointed and as it will appear on your certificate.

2. This name is derived from Saint: _____
whom I chose to pray to and imitate in my preparation for Confirmation.
(Example: Francis of Assisi)

3. Their Feast Day is: _____

4. This saint lived (*years and country*) _____

5. I chose this Confirmation name because: _____

6. Highlights of this saint's life were:

7. The qualities of this saint I want to reflect in my life:
